

Harness & Lanyard User (HLU01)

The course is aimed at people who work in specific locations such as MEWPS, window cleaners, scaffolders, and maintenance engineers, who are required to wear full body harness and lanyards.

The course will give the delegates the skills and knowledge for the correct selection, use and fitting of a harness and lanyard.

Delegates must be physically able to carry out the practical elements of the course.

Course Contents

- Relevant regulations & legislation
- Guidance on when to wear a harness
- Selection of correct equipment
- Harness and lanyard pre-use checks and fitting
- Identifying faults and damage
- Storage of harness & lanyards
- Identify the need for a rescue plan

Learning Outcomes

- Understand legislation governing working work at height
- Select and fit a full body harness and lanyard correctly

Course Assessment

- Written assessment
- Practical assessment



Half a Day



Maximum of 8 people



Training Academy
or on-site



Eurosafe Certificate
Valid for 3 years