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First Aid at Work Requalification



Course Aim

The Health and Safety (First-Aid) Regulations 1981 require employers to provide adequate and appropriate equipment, facilities and personnel to ensure their employees receive immediate attention if they are injured or taken ill at work.

This course focuses on adult protocols only. Trainers can teach child/infant protocols if required, but the student will not be certified in this.

For those learners that are seeking to renew their 3 day First Aid at Work qualification there is a 30 day grace period from when the original certificate expires.

Delegates must have evidence (e.g. certificate) of their previous training.

Course Contents

- Understand the role and responsibilities of the first aider
- Be able to assess an emergency situation safely
- Be able to provide first aid for a casualty who is unresponsive and breathing normally
- Be able to provide first aid for a casualty who is suffering a seizure
- Be able to provide first aid for a casualty who is unresponsive and not breathing normally
- Be able to place AED pads correctly
- Understand how to provide first aid to a casualty who is suffering from shock
- Be able to provide first aid to a casualty with external bleeding
- Be able to manage a casualty with a minor injury
- Be able to recognise a casualty who is choking
- Be able to conduct a secondary survey
- Be able to administer first aid to a casualty with injuries to bones, muscles and joints
- Be able to administer first aid to a casualty with suspected head and spinal injuries
- Be able to administer first aid to a casualty with suspected chest injuries
- Be able to administer first aid to a casualty with burns and scalds

- Explain the factors that affect the severity of burns and scalds
- Be able to administer first aid to a casualty with an eye injury
- Be able to administer first aid to a casualty with sudden poisoning
- Be able to administer first aid to a casualty with anaphylaxis
- Be able to provide first aid to a casualty with suspected major illness



2 Days



Regulated 3 Year TQUK Level 3/6 Award in First Aid at Work (RQF) FAW



TQUK



Maximum of 12 people



Your premises or our premises

